

Cape Town needs list 2025

Join Team Mould Empower Serve! Whether you have time, skills, or resources to share, your support can change lives and make a difference in our community!

General Needs Across All Locations

- **Cleaning Supplies – A clean space creates a healing space!**
Handy Andy, Dishwashing Liquid, Pine Gel, Window Cleaner, Jik, Washing Powder, Black Bags, Dustpan & Brush Set, Broom, Dishcloths, Sponges, Mops
- **Toiletry Packs– Hygiene is dignity.**
Soap, Face Cloth, Toothbrushes, Toothpaste, Roll-On, Vaseline, Zam-Buk
- **Pantry Essentials – A full belly means hope:**
Coffee, Milk, Sugar, Tea, Biscuits, Rice, Noodles, Maize Meal, Tinned Food, Pilchards
- **Kitchen Needs – Feed more, serve better:**
Hair Nets, Serving Bowls, Big Wooden Spoons.
- **First Aid Kit Items – Because safety and care come first:**
Wound Cleaner / Antiseptic, Swabs For Cleaning Wounds, Cotton Wool, Sterile Gauze, Scissors, Safety Pins, Triangular Bandages, Roller Bandages (75mm X 5m) And (100mm X 5m), Elastic Adhesive (25mm X 3m), Non-Allergenic Adhesive Strip (25mm X 3m), Adhesive Dressing Strips, Disposable Latex Gloves, CPR Mouthpieces Or Similar Devices, Disposable Rubber Household Gloves, Impervious Bags For The Safe Disposal Of Biohazardous Materials
- **Sponsorship for Branding Materials– let's get the message out in style!**
Pull-Up Banners, Flyers, Gazebos, Change Readiness Booklets, Staff T-Shirts & Jackets
- **Drug Tests – Ensuring safety and accountability for all.**

Occupational health and safety

We are committed to creating a safe environment for all. Here is what we still need:

- **Non-Slippery Mats**
- **Signage** across all venues: Location of First Aid Kit, Designated Smoke Area, Toilet Signs (Male/Female), Assembly Point Signs, Exit and Escape Signs, Fire Extinguisher Signs.
- **Electrician** to check and certify safety standards
- **Fire Extinguisher** replacements and mounting



Bellville Safe Space Shelter & Centre

Give this place some **love and care!**

- **Beautifying** outside **area** with pots, plants and cemented furniture.
- **Shade cloth** or small roof to be erected between the social work offices and food container
- **Shade cloth** over leisure area
- **Clean rain gutters** around building
- **Kitchen renovation**, new cupboards and general maintenance
- **Shelving** to better organise and keep food items off the floor

Durbanville Centre

We need your help to make this space **shine**:

- **Kitchen renovation**, new cupboards, counter tops and paint
- **Upgrade of ceilings**
- Assist with **rodent pest control**
- **Painting** of back porch, clothing store and pantry floor

Parow Centre

Help make this centre a more functional and **welcoming** place:

- **Paint** the exterior pillars, offices, and outside areas
- **Kitchen upgrades**: Need a 2-plate stove, urn, microwave, fan, clock, 100-litre pot, and 5 mops
- The **eating area** needs a **makeover**: paint, curtains, and tablecloths
- The men's dorm **geyser** needs replacing
- Repair and upgrade the **security cameras**
- **Printer** needed for the Manager's office
- The second Work Readiness Office at PCOH is currently a storeroom with no **plugs** or **ventilation**, making it extremely hot. Installing a ventilation grid and adding a new plug point will make it a usable space.



Work Readiness

Support for those preparing for work or **starting a new chapter**:

- A new **kettle** and **urn** are required at Meath for beneficiaries and staff – the current ones are no longer functional
- **Fans** needed for the offices and Work Readiness training space at Parow for development days
- **Carpets** to be **removed**
- **Stationery** (pens, whiteboard markers, etc.) for development days
- **Pest control** solutions are necessary
- The **kitchen** requires **renovation**
- The **bathrooms** at Meath (both beneficiaries and staff) could use some minor **renovations**, including **plumbing repairs**
- The **roof** covering the porch area necessitates **replacement**
- The interior and exterior would benefit from a fresh coat of **paint**
- The **Wendy houses** require **renovation**
- 2 desktop **computers** or **laptops** are essential
- An **external hard drive** is crucial

2nd Phase House

A space for those in **transition**, needing some TLC:

- **Painting** the interior and exterior for a fresh, welcoming environment
- **Repairs** and replacement of **gutters**
- **Reinforce** or replace 7 Bunk **beds**
- **renovate** the **kitchen**
- **Install cupboards** for bedrooms
- **Restore** stained **glass** windows in **doors**
- Replace **blinds** for front windows
- Outdoor **seating**/wooden **benches**
- Recycling **bins**
- Repair or upgrade **security cameras**

Activities with beneficiaries

- Get in the **game**: Play board games and connect with our awesome beneficiaries
- Bring the **good vibes**: Serve up lunch and spread some love
- Turn towels into something special – help us make **facecloths**!
- Be a champion: **Sponsor** the annual Change Readiness **camp**

Leaners (After school programme)

Help us make learning fun by sourcing the following:

- **Stationery**: White and Colour Paper, Glue, Pritt, Pens, Scissors, Arts & Crafts Supplies
- **Outdoor Equipment**: Rugby, Tennis, Basket, Soccer, and Netballs, Soccer/Netball Kits, Goalkeeper Gloves (7-13), Cones, Dumbbells (5-15kg)
- **Games for Learning & Fun**: 30 Seconds (For kids), Row, Ludo King, Chess, Checkers, Portable Sandbag Throwing Game Set, Bowling, Dominoes, Uno
- **Technology Needs**: 2 x Laptops, 3 x Projectors
- **Furniture for Learning & Recreation**: Plastic Chairs, Foldable Tables
- **Sports Infrastructure**: Freestanding Netball Poles, Soccer Nets
- **Other Needs**:
 - Fund **Lunch Packs**
 - Belhar: Artificial **Grass & Cage**
 - Belhar & Scottsdene: 2 x **Containers** or **Precast Buildings** to Expand Programme for High Schoolers
 - Maitland Site: **Turf** for Kids' Play Area (11.4m x 6.8m), **Paint** Side Wall, Beautify Area with Plants

Activities with children:

- Play sports & games
- Help with reading and maths

Additional ways of supporting MES

- ✓ **Support our E-Waste project** by simply dropping your old or broken electronic equipment at one of our 3 venues. (Income generating project)
- ✓ **Support our Give responsibly Campaign by purchasing Mi-Change** vouchers, which can be handed out to the homeless at traffic lights, etc., instead of cash or other goods.

Enable us to give to those arriving for help



**Buy and Donate
Mi-Change
Vouchers!**

Upcoming Events for the Year:

As we all must plan, here are some important events to mark on your calendar for the remainder of the year:

- **June: WinterHoop**
* Conduct a warm clothing, blankets, and food drive for MES.
- **July: Mandela Day Activities**
* Engage in activities involving our beneficiaries and active projects.
- **October: World Homeless Day**
* Perform a special act of kindness for someone experiencing homelessness.
* Donate Mi-Change vouchers towards our Change Readiness Programme.
- **November – December: Packaged Love**
* Support our Christmas initiative by adding one item to your shopping basket.
* Host a Christmas Party at the MES depot of your choice.



For more information or to get involved, reach out to **Anelle** at anelle@mes.org.za or call 021 949 8736. Let's create something beautiful together!

Our Locations:

