



Changing the heart of the city!

Get involved on Mandela day 18 July 2024

Shelter Kitchen Kempton Park

Time	Ideal Group size	Activity	Please supply
8:00 - 9:00	Max 5 people	Preparing lunch for 58 males	Bread, Juice, fruit (apple/orange), butter, cold meat (viennas/ham, etc).
10:00 - 11:30	Max 5 people	Preparing soup for the outreach at 3pm for +-50 people	Vegetables, meat bones, powder soup, bread rolls/bread, paper cups and plastic spoons.
12:00 - 14:00	Max 5 people	Preparing supper for 58 males	Beef stew meat, vegetables, rice or mielies.
15:00 - 16:00	Max 2 people	Cleaning up the kitchen	Dishwashing liquid, pine gel, gloves, mop, broom, bucket and dish cloths.

Special projects:

Courtyard renovation valued at +- R70 000

Shelter Lockers x 29 valued at R38,200

Office gate motor replacement valued at R10 000



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Goods or Services to be donated

Time	Goods/Services	Activity	Supplied by YOU
Time slot can be arranged	Services + Goods	Painting the walls of the main office and/or boardroom	All equipment needed for the service
9:00 - 10:00	Goods	Donate 58 male toiletry packs	Roll-ons, lotions, toothbrushes, toothpastes, deodorants, vaselines, face cloths
10:00 - 11:00	Goods	Spoil the staff (17 team members)	Donate vouchers or small gifts
Time slot can be arranged	Services	Replacing of gutter	All equipment needed for the service
Time slot can be arranged	Services	Installing of blinds in the boardroom	All equipment needed for the service
14:00 - 15:00	Services	Occupational Therapist (willing to commit on a voluntary basis of minimum 3 months)	Commit your time to meet with our social worker on the day
15:00 - 16:00	Goods	Stocking up the shelter in-house clinic	List of required items can be provided by the office

Your involvement or financial investment
puts a smile on our hearts and faces.

MES Kempton Park
ABSA
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